#### The Patient's Guide To

## Pinhole® Surgical Technique



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## Pinhole<sup>®</sup> Surgical Technique

Reverse Gum Recession with Scalpel-Free Treatment



## Minimally Invasive Gum Rejuvenation

If you are experiencing tooth sensitivitytohotor cold temperatures, or notice that your teeth seem to be getting longer, it could be a sign of gum recession. While the conventional treatment method typically involves grafting tissue and sutures, our skilled dentists offer a specialized solution known as the Pinhole® Surgical Technique (PST<sup>™</sup>). With their training in this innovative technique, they can effectively address gum recession without the need for invasive procedures.

Say goodbye to the discomfort of gum grafting with this revolutionary technique. By eliminating the need for incisions in the gum tissue, it offers a far less invasive alternative. You can now achieve the desired results without undergoing multiple incisions. Pinhole<sup>®</sup> Surgical Technique is a revolutionary dental procedure that eliminates the need for scalpels or gum grafts. With this innovative technique, specialized tools are used to reposition the tissue through a tiny pinhole in the gums. Experience a minimally invasive and highly effective solution for gum recession without any major incisions or grafting procedures.

Patients undergoing the Pinhole<sup>®</sup> Surgical Technique are pleasantly surprised by the virtually painless experience. Moreover, they witness a remarkable improvement in their cosmetic appearance right after the treatment.

## Possible Causes Of Gum Recession:

- Gum disease
- Poor oral hygiene
- Tobacco use
- Hormonal changes
- Genetics



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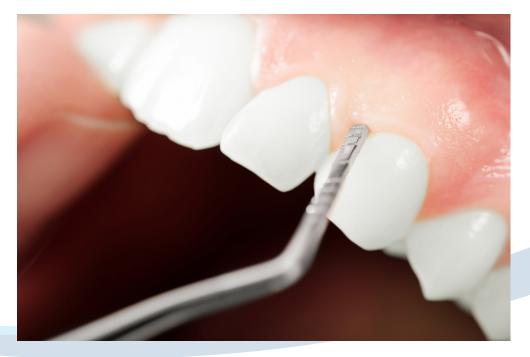
## Why Choose Pinhole® Gum Surgery

When it comes to gum grafting, most people aren't exactly thrilled about the idea. However, there's good news - the pinhole surgery technique (PST) has gained significant popularity in recent years, and it's easy to see why. PST is a minimally invasive procedure that eliminates the need for cutting gum tissue, making it a much more comfortable and less painful alternative. So. don't worry anymore-gum grafting doesn't have to be an unpleasant experience!

In the past, gum recession was typically addressed by resorting to a connective tissue graft. This procedure involved extracting gum tissue from the roof of your mouth and carefully



stitching it onto the affected area. During the recovery process of gum grafts, patients might experience side effects such as gum pain, swelling, and bleeding. It's important to note that these effects are temporary and typically subside within a threeweek period. While the recovery time may seem lengthy, it is necessary to ensure a successful outcome and longterm oral health. Rest assured that your dental professional will provide guidance and support throughout the healing process to help minimize any discomfort you may encounter. One thing to consider when it comes to palatal tissue grafts is the esthetic aspect. Unlike normal gum tissue, the color and texture of roof tissue might not perfectly match your gums, resulting in a contrasting appearance. Additionally, alternative methods such as using donor tissues may require complex suturing techniques, which can potentially introduce complications and increase the risk of infection.



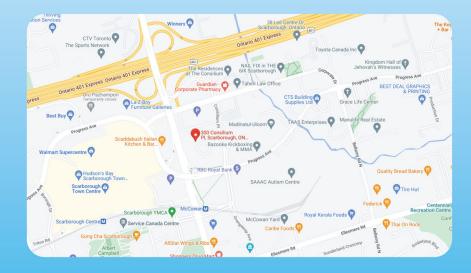
## Benefits that PST Can Offer Patients:

- Non-invasive
- Reduces the side effects of gum surgery (bleeding, swelling, gum pain)
- Near-immediate cosmetic
  improvement
- Minimal incision and suture needed
- Accelerated recovery
- One visit can treat multiple areas of recession

## **Schedule Your Consultation**



#### Call 416-296-1080 to book your appointment.



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